UDL Principle #1: Engagement (how we engage and motivate students)

Recruiting Interest	 This Includes: Optimize individual choice & autonomy Optimize relevance, value, & authenticity Minimize threats and distractions 	Instructional Strategies:
Sustaining Effort & Persistence	 This Includes: Heighten salience of goals & objectives Vary demands & resources to optimize challenge Foster collaboration & community Increase mastery-oriented feedback 	Instructional Strategies:
Self-Regulation	 This Includes: Promote expectations & beliefs that optimize motivation Facilitate personal coping skills & strategies Develop self-assessment & reflection 	Instructional Strategies:

UDL Principle #2: Representation (how information is presented to students)

Perception	 This Includes: Offer ways of customizing the display of information Offer alternatives for auditory information Offer alternatives for visual information 	Instructional Strategies:
Language & Symbols	 This Includes: Clarify vocabulary and symbols Clarify syntax and structure Support decoding of text, mathematical notation, and symbols Promote understanding across languages Illustrate through multiple media 	Instructional Strategies:
Comprehension	 This Includes: Activate or supply background knowledge Highlight patterns, critical features, big ideas, and relationships Guide information processing, visualization, and manipulation Maximize transfer and generalization 	Instructional Strategies:

UDL Principle #3: Action & Expression (how students demonstrate their understanding)

Physical Action	 This Includes: Vary the methods for response and navigation Optimize access to tools and assistive technologies 	Instructional Strategies:
Expression & Communication	 This Includes: Use multiple media for communication Use multiple tools for construction and composition Build fluencies with graduated levels of support for practice and performance 	Instructional Strategies:
Executive Functions	 This Includes: <u>Guide appropriate goal</u> setting <u>Support planning and</u> strategy development <u>Facilitate managing</u> information and resources <u>Enhance capacity for</u> <u>monitoring progress</u> 	Instructional Strategies: